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Workshop on: Peer Pressure

Date: April 22, 2024

Classes: Grade VI and VII

Resource Person: Dr. Arti Girdhar and Ms. Shammi Proothi

*"Peer pressure is not a license to do wrong; it's a challenge to do right." - Gary Moore*

Bosco Public School, Paschim Vihar organised a workshop on 'Peer Pressure' for Grade VI and VII on April 22, 2024. The resource persons of the workshop were Dr. Arti Girdhar, Founder and President of ANON Global Foundation and Ms. Shammi Proothi, Vice President at ANON Global Foundation. Our Percipient Vice Principal ma'am, Ms. Priya Handa extended a token of gratitude by giving a sapling welcome to our guests.

The workshop aimed to educate students about the concept of peer pressure and equip them with strategies to handle it effectively. During the workshop, students learned about the various forms of peer pressure, including positive, negative, direct and indirect influences. The workshop focused on the impact of peer pressure on individuals, exploring its psychological, emotional and social effects.

Vice Principal ma'am motivated the students to analyze and stand for what is right and wrong. She emphasized on the strategies for resisting negative peer pressure and the importance of assertiveness, self-confidence and having a strong sense of identity. The workshop served as a valuable platform for students to gain insights into the dynamics of peer influence and develop strategies for navigating social pressures effectively. By fostering open dialogue, encouraging critical thinking and promoting self-confidence, the workshop aimed to empower students to make positive choices and assert their individuality in the face of peer pressure. Students of Grade VI & VII actively participated in the workshop. It was indeed an interactive, engaging and fruitful session.