

Bosco Public School Sunder Vihar, Paschim Vihar, New Delhi www.boscoschool.com





Class IX

SYLLABUS 2023-24

S. No.	Subject	Page No.
1.	English	2-5
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ENGLISH

General Objectives:

- To build greater confidence and proficiency in oral and written communication.
- To develop the ability and knowledge required in order to engage in independent reflection and inquiry.
- To use appropriate English to communicate in various social settings.
- To equip learners with essential language skills to question and to articulate their point of view.
- To build competence in the different skills of English.
- To enable learners to access knowledge and information through reference skills (consulting a dictionary / thesaurus, library, internet etc.).
- To develop curiosity and creativity through extensive reading.
- To facilitate self-learning to enable them to become independent learners.
- To enable learners to review, organise and edit their work.
- To familiarize students with the use of basic imagery and figurative language.

APRIL

Reading

• Unseen Passage

Writing

• Story Writing

Grammar

• Integrated Grammar, Modals, Determiners

Literature

Beehive

- Ch 1 The Fun They Had
- Ch 4 A Truly Beautiful Mind Moments
- Ch 5 The Happy Prince

MAY

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Person)

Grammar

• Subject-Verb Concord, Error Editing, Error Omission, Integrated Grammar

Literature

Beehive

- Ch 3 The Little Girl
- Poem Wind

Moments

- Ch 1 The Lost Child
- Ch 2 The Adventures of Toto

JULY

Reading

• Unseen Passage

Writing

• Story Writing

Grammar

• Tenses, Integrated Grammar

Literature

Beehive

- Ch 2 The Sound of Music
- Poem On Killing a Tree Moments
- Ch 4 In the Kingdom of Fools

AUGUST

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Person)

Grammar

• Tenses, Error Editing, Error Omission, Integrated Grammar

Literature

Beehive

- Ch 6 My Childhood
- Poem A Legend of the Northland Moments
- Ch 7 The Last Leaf

SEPTEMBER : Revision and Half Yearly Examination

OCTOBER

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Diary)

Grammar

• Integrated Grammar, Reported Speech

Literature

Beehive

- Ch 8 Reach for the Top
- Poem The Road Not Taken

Moments

• Ch - 3 Iswaran the Storyteller

NOVEMBER

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Diary)

Grammar

• Integrated Grammar, Reported Speech

Literature

Beehive

- Ch 5 The Snake and The Mirror
- Poem Rain on the Roof

Moments

• Ch - 8 A House is Not a Home

DECEMBER

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Event)

Grammar

• Integrated Grammar, Subject-Verb Concord

Literature

Beehive

- Ch 10 Kathmandu
- Poem A Slumber Did My Spirit Seal
- Poem No Men are Foreign

JANUARY

Reading

• Unseen Passage

Writing

• Descriptive Paragraph (Situation)

Grammar

• Integrated Grammar Practice

Literature

Beehive

- Ch 11 If I Were You
- Poem The Lake Isle of Innisfree Moments
- Ch 10 The Beggar

FEBRUARY: Revision and Final Examination

Syllabus for Examination

Synabus for Examination	
	Reading
	Unseen Passage
	Writing
	• Story Writing
	Grammar
UNIT TEST 1	Integrated Grammar, Subject-Verb Concord
	Literature
	Beehive
	• Ch - 1 The Fun They Had
	Moments
	• Ch - 5 The Happy Prince
	Reading
	Unseen Passage
	Writing
	• Story Writing, Descriptive Paragraph (Person)
	Grammar
UNIT TEST 2	• Integrated Grammar, Modals, Determiners
	Literature
	Beehive
	• Ch - 3 The Little Girl
	• Poem - On Killing a Tree
	Moments

	• Ch - 2 The Adventures of Toto
HALF YEARLY	Reading • Unseen Passage Writing • Story Writing, Descriptive Paragraph (Person) Grammar • Integrated Grammar, Modals, Determiners, Subject-Verb Concord, Tenses Literature Beehive • Ch - 1 The Fun They Had • Ch - 2 The Sound of Music • Ch - 3 The Little Girl • Ch - 4 A Truly Beautiful Mind • Ch - 6 My Childhood • Poem - On Killing a Tree • Poem - Wind • Poem - A Legend of the Northland Moments • Ch - 1 The Lost Child • Ch - 2 The Adventures of Toto • Ch - 4 In the Kingdom of Fools • Ch - 5 The Happy Prince • Ch - 7 The Last Leaf
UNIT TEST 3	Reading • Unseen Passage Writing • Diary Writing, Story Writing Grammar • Integrated Grammar, Reported Speech, Tenses Literature Beehive • Ch - 8 Reach for the Top • Poem - The Road Not Taken Moments • Ch - 3 Iswaran the Storyteller
FINAL EXAMINATION	Entire syllabus

हिंदी

सामान्य उद्देश्यः

- हिंदी भाषा के आधारित व मौलिक उद्देश्य बताकर मातृभाषा का महत्त्व प्रतिपादित करना।
- हिंदी भाषा की वर्तनी का उचित ज्ञान देना।
- शब्द भंडार में वृद्धि करना।
- अनुभूति व अभिव्यक्ति पक्ष सशक्त करना।
- साहित्य की विभिन्न विधाओं का ज्ञान देना।
- छात्रों को अवसरानुकूल औपचारिक भाषा के प्रयोग में समर्थ करना।
- भाषा की संरचना को समझने और इसके विश्लेषण करने की योग्यता का विकास करना।
- भाषिक कौशलों (श्रवण, वाचन, पठन तथा लेखन) का विकास करना।

अप्रैल - मई

स्पर्श: गद्य खंड

• पाठ 2. दु:ख का अधिकार – यशपाल

स्पर्श: काव्य खंड

पाठ 9. रैदास– पद

पाठ 10. दोहे – रहीम

संचयन : पूरक पुस्तिका

• पाठ 1. गिल्लू – महादेवी वर्मा

व्याकरण:

• शब्द और पद • अनुस्वार • अनुनासिक • उपसर्ग • प्रत्यय • अपिठत गद्यांश

लेखन कौशल: • अनुच्छेद लेखन, अनौपचारिक पत्र लेखन

जुलाई

स्पर्श : गद्य खंड

• पाठ ३. एवरेस्ट : मेरी शिखर यात्रा – बचेंद्री पाल

स्पर्श : काव्य खंड

पाठ 13.गीत - अगीत – रामधारी सिंह दिनकर

व्याकरण:

• स्वर संधि • विराम-चिहन

लेखन कौशल : • चित्र वर्णन

अगस्त

स्पर्श : गद्य खंड

• पाठ ४. तुम कब जाओगे, अतिथि – शरद जोशी

संचयन : पूरक पुस्तिका

• पाठ 2 . स्मृति – श्रीराम शर्मा

ट्याकरण: • अर्थ की दृष्टि से वाक्य भेद

लेखन कौशल: • संवाद लेखन

सितंबर

• प्नरावृत्ति तथा अर्धवार्षिक परीक्षा

अक्तूबर

स्पर्श: गद्य खंड

• पाठ 5. वैज्ञानिक चेतना के वाहक – चंद्रशेखर वेंकटरामन

स्पर्श: काव्य खंड

• पाठ 14. अग्निपथ – हरिवंशराय बच्चन

संचयन : पूरक पुस्तिका

• पाठ 3. कल्लू कुम्हार की उनाकोटी – के .विक्रमसिंह

व्याकरण : • शब्द और पद • अनुस्वार • अनुनासिक • उपसर्ग • प्रत्यय • अपठित गद्यांश की पुनरावृत्ति

लेखन कौशल : •अनुच्छेद, अनौपचारिक पत्र लेखन की पुनरावृत्ति

नवंबर

स्पर्श: गद्य खंड

• पाठ 6. कीचड़ का काव्य – काका कालेलकर

संचयन : पूरक प्स्तिका

• पाठ ४. मेरा छोटा-सा निजी पुस्तकालय – धर्मवीर भारती

ट्याकरण: • स्वर संधि • विराम-चिहन की पुनरावृत्ति

लेखन कौशल : • संवाद लेखन की पुनरावृत्ति

दिसंबर

स्पर्श: गद्य खंड

• पाठ ८. शुक्रतारे के समान – स्वामी आनंद

स्पर्श: काव्य खंड

पाठ 15. नए इलाके में, खुशबू रचते हैं हाथ – अरुण कमल

व्याकरण : • अर्थ की दृष्टि से वाक्य भेद की पुनरावृत्ति

लेखन कौशल : •चित्र वर्णन की पुनरावृत्ति

जनवरी

• प्नरावृत्ति तथा वार्षिक परीक्षा

परीक्षा के लिए निर्धारित पाठ्यक्रम

	The care and care of the second secon	
	स्पर्श: काव्य खंड: • पाठ १. रैदास- पद गद्य खंड: • पाठ 2. दु:ख का अधिकार	
यूनिट टैस्ट1	व्याकरण : • शब्द और पद • अनुस्वार • अनुनासिक • उपसर्ग-प्रत्यय • अपठित गद्यांश	
	लेखन कौशल : अन्च्छेद लेखन	
	3	
	स्पर्श : काव्य खंड : • पाठ 13. गीत-अगीत गद्य खंड : • पाठ 3. एवरेस्ट : मेरी शिखर	
	यात्रा - बचेंद्री पाल	
यूनिट टैस्ट2	ट्याकरण : • स्वर संधि • विराम-चिहन	
	अपठित गद्यांश	
	लेखन कौशल : • अनौपचारिक पत्र	
	स्पर्श: काव्य खंड: • पाठ १. रैदास के पद • पाठ १०. दोहे – रहीम • पाठ १३. गीत-अगीत	
	गद्य खंड : • पाठ 2. दु:ख का अधिकार • पाठ 3. एवरेस्ट : मेरी शिखर यात्रा - बचेंद्री पाल	
	• पाठ 4. तुम कब जाओगे, अतिथि	
	संचयन : • पाठ 1. गिल्लू – महादेवी वर्मा • पाठ 2. स्मृति	
	व्याकरण : • शब्द और पद • अनुस्वार • अनुनासिक • उपसर्ग • प्रत्यय • स्वर संधि	
अर्धवार्षिक	• विराम-चिह्न • अर्थ की दृष्टि से वाक्य भेद • अपठित गद्यांश	
परीक्षा	लेखन कौशल : • अनुच्छेद लेखन • अनौपचारिक पत्र • चित्र वर्णन • संवाद लेखन	
	स्पर्श : काव्य खंड : • पाठ 14. अग्निपथ • गद्य खंड : • पाठ 6. कीचड़ का काव्य	
	व्याकरण : • स्वर संधि • विराम-चिहन • अर्थ की दृष्टि से वाक्य भेद • अपठित	
यूनिट टैस्ट 3	गद्यांश	
	लेखन कौशल : • चित्र वर्णन	
_a	• सत्र में पठित संपूर्ण पाठ्यक्रम	
वार्षिक परीक्षा		
I.		

MATHEMATICS

General Objectives:

- To become precise and logical.
- To develop an interest in students to study Mathematics as a discipline.
- To develop the ability to relate and apply elementary concepts and procedures in everyday life.
- To develop the ability to solve Mathematical problems from various topics such as Algebra, Menstruation and Statistics.

APRIL

• Ch 1 Numbers Systems

PRACTICAL

• To find the square root of natural number and represent them on line segment.

MAY

- Ch 6 Lines and Angles
- Ch 7 Triangles

PRACTICAL

• To find area of triangle.

JULY

- Ch 10 Heron's Formula
- Ch 4 Linear Equations in Two Variables

PRACTICALS

• To verify that centroid divides the median in the ratio 2: 1

AUGUST

- Ch 8 Quadrilaterals
- Ch 3 Coordinate Geometry

PRACTICAL

- To find area of parallelogram by activity method.
- To obtain the mirror image of given geometrical figure with respect to the x-axis and y-axis.

SEPTEMBER – Revision and Half Yearly Examination

OCTOBER

• Ch 2 Polynomials

NOVEMBER

- Ch 12 Statistics
- Ch 5 Introduction to Euclid's Geometry

PRACTICALS

- To verify that quadrilateral formed by joining the mid points of a quadrilateral is a parallelogram.
- To find the formula for the area of rhombus.

DECEMBER

• Ch 9 Circles

PRACTICALS

- To verify that the opposite angles of a cyclic quadrilateral are supplementary.
- To verify that the angles in the same segment are equal

JANUARY

• Ch 11 Surface Areas and Volumes

FEBRUARY – MARCH

• Revision and Final Examination

Syllabus for Examination

UNIT TEST – I	Ch 1 Numbers SystemsCh 6 Lines and Angles
UNIT TEST – II	Ch 7 TrianglesCh 10 Heron's Formula
HALF YEARLY EXAMINATION	 Ch 1 Numbers Systems Ch 3 Coordinate Geometry Ch 4 Linear Equations in Two Variables Ch 6 Lines and Angles Ch 7 Triangles Ch 8 Quadrilaterals Ch 10 Heron's Formula
UNIT TEST – III	Ch 2 PolynomialsCh 12 Statistics
FINAL EXAMINATION	ENTIRE SYLLABUS

SCIENCE

General Objectives

- To understand the basic concepts, principles and laws of science.
- To acquire skills which form a part of attitude for developing a scientific temper.
- To understand and appreciate the joint enterprise of science, technology and society.
- To develop certain experimental, observational, manipulative, decision making and investigatory skills in the learner.

APRIL-MAY

THEORY

Chemistry:

Chapter-1 Matter in Our Surroundings - Definition of matter; solid, liquid and gas; characteristic-shape, volume, density; change of state-melting (absorption of heat), freezing, evaporation (cooling by evaporation), condensation, sublimation.

Physics:

Chapter-7 Motion Distance and displacement, velocity, uniform and non-uniform motion along straight line, acceleration, distance-time and velocity-time graphs for uniform motion and uniformly accelerated motion, derivation of equations of motion by graphical method; elementary idea of uniform circular motion.

Biology:

Chapter-5 Cell: The Fundamental Unit of Life: Cell as a basic unit of life; prokaryotic and eukaryotic cells, multicellular organisms; cell membrane and cell wall, cell organelles and cell inclusions; chloroplast, mitochondria, vacuoles, endoplasmic reticulum, Golgi apparatus; nucleus, chromosomes - basic structure, number.

PRACTICALS:

Chemistry:

- To determine melting point of ice and boiling point of water.
- To prepare temporary stained mounts of (a) onion peel and (b) human cheek cells and to record observations and draw their labelled diagrams.

JULY

THEORY

Chemistry:

Chapter-2 Is Matter Around Us Pure - Elements, compounds, and mixtures. Heterogeneous and homogenous mixtures, colloids and suspensions.

Physics:

Chapter-8 Force and Laws of Motion - Force and motion, Newton's Laws of motion, Action and reaction forces, Inertia of a body, Inertia and mass, Momentum, Force and acceleration. Elementary idea of conservation of momentum.

Biology:

Chapter-6 Tissues: Structure and functions of Plant tissues (Major two types of tissues in Plants; Meristematic and Permanent tissues).

PRACTICALS:

Chemistry:

- Perform the following reactions and classify them as physical or chemical changes:
 - (a) Iron with copper sulphate solution in water
 - (b) Burning of magnesium ribbon in air

- (c) Zinc with dilute sulphuric acid
- (d) Heating of copper sulphate crystals
- (e) Sodium sulphate with barium chloride in the form of their solutions in water.
- Preparation of: (a) a true solution of common salt, sugar and alum (b) a suspension of soil, chalk powder and fine sand in water (c) a colloidal solution of starch in water and egg albumin/milk in water and distinguish between these on the basis of: transparency, filtration criterion and stability.

Biology:

• To identify parenchyma, collenchyma and sclerenchyma tissues in plants from prepared slides & draw their labelled diagrams.

AUGUST

THEORY

Chemistry:

Recapitulation of: -

Chapter 1 - Matter in our surroundings

Chapter 2 - Is matter around us pure? (till separation techniques).

Physics:

Chapter 9: Gravitation-Gravitation; Universal Law of Gravitation, Force of Gravitation of the earth (gravity), Acceleration due to gravity; Mass and Weight; Free fall.

Biology:

Chapter-6 Tissues- Structure and functions of animal tissues (4 types of animal tissues) & its example (with types).

PRACTICALS:

Chemistry:

- Separation of the components of a mixture of sand, common salt and ammonium chloride (or camphor).
- Preparation of:
 - a) A mixture
 - b) A compound using iron filings and sulphur powder and distinguishing between these on the basis of: (i) appearance, i.e., homogeneity and heterogeneity (ii) behaviour towards a magnet (iii) behaviour towards carbondisulphide as a solvent (iv) effect of heat.

Biology:

• To identify cardiac muscle fibres and nerve cells in animals from prepared slides & draw their labelled diagrams.

SEPTEMBER

• Revision and Half Yearly Examination

OCTOBER

THEORY

Chemistry:

Chapter 4 Structure of Atom-Electrons, protons and neutrons, valency, chemical formula of common compounds. Isotopes and Isobars.

Physics:

Chapter 9 Gravitation-Floatation: thrust and pressure. Archimedes' Principle; Buoyancy; Elementary idea of relative density.

Biology:

Chapter 12 Improvement in Food Resources- Improvement in crop yields, manure and fertilizers, irrigation, cropping patterns, crop protection management storage of grains.

PRACTICALS:

Physics:

- Determination of the density of solid (denser than water) by using a spring balance and a measuring cylinder.
- Establishing the relation between the loss in weight of a solid when fully immersed in
 - (a) Tap water
 - (b) Strongly salty water with the weight of water displaced by it by taking at least two different solids.

NOVEMBER

THEORY

Chemistry:

Chapter 3: Atoms and Molecules- Atoms and molecules, Law of constant proportions, Atomic and molecular masses, Chemical formulae.

Physics:

Chapter 10: Work, Energy and Power-Work done by a force, energy, power; Kinetic and Potential energy; Law of conservation of energy.

Biology:

Chapter 12: Improvement in Food Resources- Animal husbandry, Cattle farming, Poultry farming, Fish production, Bee keeping.

DECEMBER

THEORY

Chemistry:

Chapter 3: Atoms and Molecules- Mole concept: Relationship of mole to mass of the particles and numbers (only for conceptual knowledge).

Physics:

Chapter 11: Sound - Nature of sound and its propagation in various media, speed of sound, range of hearing in humans; ultrasound; reflection of sound; echo and SONAR. Structure of the Human Ear (Auditory aspect only).

Biology: Revision

PRACTICAL:

Chemistry:

• To verify the law of conservation of mass in a chemical reaction.

JANUARY

Chemistry: Revision Physics: Revision Biology: Revision

FEBRUARY-MARCH

• Revision and Final Examination

SYLLABUS FOR EXAMINATION

UNIT TEST 1	Ch-1 Matter in Our Surroundings Ch-5 Cell: The Fundamental Unit of Life Ch-7 Motion (till rate of change of velocity)
UNIT TEST 2	Ch-2 Is Matter Around Us Pure? Ch- 6 Tissue (only Plant Tissues will be included) Ch-7 Motion (from Graphical representation of motion)
HALF YEARLY EXAMINATION	Ch-1 Matter in Our Surroundings Ch-2 Is Matter Around Us Pure? Ch-5 Cell: The Fundamental Unit of Life Ch-6 Tissue (complete chapter) Ch-7 Motion Ch-8 Force and Laws of Motion Ch-9 Gravitation (till free fall)
UNIT TEST 3	Ch-4 Structure of Atom Ch-9 Gravitation (Floatation) Ch-12 Improvement In Food Resources
FINAL EXAMINATION	ENTIRE SYLLABUS

SOCIAL SCIENCE

General Objectives

- develop an understanding of the processes of change and development-both in terms of time and space, through which human societies have evolved.
- make learners realize that the process of change is continuous and that any event or phenomenon or issue cannot be viewed in isolation but in a wider context of time and space.
- develop an understanding of contemporary India with its historical perspective, of the basic framework
 of the goals and policies of national development in independent India, and of the process of change
 with appropriate connections to world development.
- deepen knowledge about and understanding of India's freedom struggle and of the values and ideals that
 it represented, and develop an appreciation of the contributions made by people of all sections and
 regions of the country.
- help learners understand and cherish the values enshrined in the Indian Constitution and to prepare them
 for their roles and responsibilities as effective citizens of a democratic society.
- promote an understanding of the issues and challenges of contemporary India's environmental, economic, and social, as part of the development process.

APRIL-MAY

History

• Ch-1 The French Revolution

Geography

• Ch-1 India- Size and Location

Economics

• Ch-1 The Story of Village Palampur

Political Science

• Ch-1 What is Democracy? Why Democracy?

JULY

History

• Ch-4 Forest Society and Colonialism

Geography

• Ch-2 Physical Features of India

Political Science

• Ch-2 Constitutional Design

Economics

• Ch-2 People as Resource

AUGUST

History

• Ch-5 Pastoralists in the Modern World

Geography

• Ch-3 Drainage

Political Science

• Ch-3 Electoral Politics

OCTOBER

History

• Ch-3 Nazism and the Rise of Hitler

Geography

• Ch-5 Natural Vegetation and Wild Life

NOVEMBER

Geography

• Ch-4 Climate

Political Science

• Ch-4 Working of Institutions

Economics

• Ch-3 Poverty as a Challenge

DECEMBER

Geography

• Ch-6 Population

Economics

• Ch-4 Food Security in India

Political Science

• Ch-5 Democratic Rights

JANUARY

History

• Ch-2 Socialism in Europe and the Russian Revolution

FEBRUARY AND MARCH- REVISION AND FINAL TERM EXAM

Syllabus for Examination

UNIT TEST 1	Geography	
UNIT TEST 2	History • Ch-5 Pastoralists in the Modern World Geography • Ch-2 Physical Features of India	
HALF YEARLY EXAMINATION	 Ch-1 The French Revolution Ch-4 Forest Society and Colonialism Ch-5 Pastoralists in the Modern World Geography Ch-1 India- Size, and Location Ch-2 Physical Features of India Ch-3 Drainage 	

	Economics
UNIT TEST 3	History
FINAL EXAMINATION	WHOLE SYLLABUS* *Subject to change

INFORMATION TECHNOLOGY

General Objectives:

- To develop logical reasoning.
- To develop problem solving approach.
- To develop the ability to relate and apply concepts and procedures in everyday life.

APRIL-MAY

Part-A Employability Skills

• Unit 1: Communication Skills-I

JULY

Part-B Subject Specific Skills

• Unit 4: Electronic Spreadsheet

Part-A Employability Skills

• Unit 3: ICT Skills-I

AUGUST

Part-B Subject Specific Skills

• Unit 5: Digital Presentation

SEPTEMBER

• Revision For Half Yearly Examination

OCTOBER

Part-B Subject Specific Skills

• Unit 3: Digital Documentation

Part-A Employability Skills

• Unit 2 : Self-Management Skills-I

NOVEMBER

Part-B Subject Specific Skills

• Unit 1: Introduction to IT- ITeS industry

Part-A Employability Skills

• Unit 4: Entrepreneurial Skills-I

DECEMBER

Part-A Employability Skills

• Unit 5 : Green Skills-I

JANUARY

Revision For Final Examination

Syllabus for Examination

	Part-A Employability Skills
UNIT TEST 1	Unit 1 : Communication Skills-I
	Part-B Subject Specific Skills
	Unit 4: Electronic Spreadsheet
UNIT TEST 2	Unit 5: Digital Presentation
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	Part-B Subject Specific Skills
HATE WEADIN	Unit 4: Electronic Spreadsheet
HALF YEARLY	Unit 5: Digital Presentation
EXAMINATION	Part-A Employability Skills
	Unit 1 : Communication Skills-I
	Unit 3: ICT Skills-I
	Part-B Subject Specific Skills
	Unit 3: Digital Documentation
UNIT TEST 3	Part-A Employability Skills
	Unit 2 : Self-Management Skills-I
	Part-A Employability Skills
	Unit 1 : Communication Skills-I
	• Unit 2 : Self-Management Skills-I
	• Unit 3 : ICT Skills-I
	Unit 4 : Entrepreneurial Skills-I
	• Unit 5 : Green Skills-I
FINAL EXAMINATION	Part-B Subject Specific Skills
	Unit 1: Introduction to IT- ITeS industry
	Unit 3: Digital Documentation
	Unit 4:Electronic Spreadsheet
	Unit 5: Digital Presentation

HEALTH AND PHYSICAL EDUCATION

General Objectives:

- To develop motor abilities like strength, speed, endurance, coordination, flexibility, agility and balance, as they are important aspects for good performance in different games and sports.
- To develop techniques and tactics involved in organized physical activities, games and sports.
- To acquire knowledge about human body as its functioning is influenced by physical activities.
- To understand the process of growth and development as participation in physical activities has positive relationship with it.

APRIL-MAY

- Physical Fitness
- Marching
- Game Table Tennis

FIT INDIA MOVEMENT

- BMI (Height and Weight)
- Sit and reach test

JULY

- Physical Fitness
- Marching
- Game Badminton

FIT INDIA MOVEMENT

- Plate tapping
- Alternative Hand Wall toss test

AUGUST

- Physical Fitness
- Marching
- Game Chess and Carrom

FIT INDIA MOVEMENT

- Sprint/Dash(50 mts)
- Standing vertical jump

SEPTEMBER:

PRACTICAL EXAMINATION

- General Fitness
- Race 50 mts.(SPRINT)
- Broad Jump (Flexibility)
- Sit and reach

OCTOBER

- Physical Fitness
- Marching
- Mass P T Exercises
- Game Football

FIT INDIA MOVEMENT

- Partial curl up
- Flamingo balance

NOVEMBER

- Physical Fitness
- Marching
- Mass P T Exercises
- Game Cricket

FIT INDIA MOVEMENT

- 600mts
- Shuttle run

DECEMBER

- Physical Fitness
- Marching
- Mass P T Exercises
- Game Basketball

FIT INDIA MOVEMENT

• Flex bend arm hang

JANUARY

- Physical Fitness
- Marching
- Mass P T Exercises

FIT INDIA MOVEMENT

• Athletics

FEBRUARY: PRACTICAL EXAMINATION

- General Fitness
- Race 100 mts (Sprint)
- Shuttle run (Agility)

Partial curl up

ART

General objectives:

- Produce creative works that demonstrate innovation in concepts and use of materials.
- Describe, analyze and interpret created artwork.
- Learn to value and appreciate artifacts and images across cultures and times.
- Assist learners to use artistic and aesthetic sensibility in day-to-day life situations.
- To enhance fine motor skills of students.

Month	Topics
APRIL	Advertisement Design
MAY	Still Life
JULY	Flower Composition Landscape
AUGUST	Independence Day Craft Bird Study
OCTOBER	Lipan Art (Mud work from Kutch)
NOVEMBER	Lipan Art (Mud work from Kutch)
DECEMBER	Composition- A chilly winter morning Sketching
JANUARY	Republic Day Composition
FEBRUARY	Black and white composition

DANCE

General Objectives:

- Improve Flexibility, Agility, Strength and control of the body movement.
- Develop understanding of Alignment, style and rhythm.
- Improve their creative skills.
- Develop body awareness and expressive skills to communicate through movement confidently and creatively.

APRIL

- Flexibility and Strengthening workout. (Basic)
- Hip Hop grooves (Jack, Step ball change)
- Choreography

MAY

• Hip Hop Grooves (High up there, Scuff place)

JULY

- Flexibility and Strengthening workout.
- Jazz Vocabulary
- Starting with a choreography on patriotic song.

AUGUST - SEPTEMBER

- Continuation of choreography on patriotic song.
- Shuffles

OCTOBER

- Jazz Vocabulary (Passe, Pivot turn, Flick and place)
- Jazz Choreography

NOVEMBER

- Introduction to Folk Dance.
- Folk dance choreography

DECEMBER

- Isolations
- Hip hop choreography

JANUARY

• Choreography on a patriotic song.

FEBRUARY

- Zumba and HIIT combination.
- Evaluation

MUSIC

APRIL - MAY

- Alankaar (1 to 10) Indian classical music (sa re ga, regama, gamapa....sa ma re pa.....)
- School Prayer (sanyamay jeewan hai)

JULY

- Patriotic song from chetna ke swar (ek ek pag badte jayein...)
- Shanti path(Om dho shanti antariksh shanti)

AUGUST

- Patriotic song (utho jawan desh ki vasundhara pukarti.....)
- Sanskrit prayer (Om asto maa sadgamya)

SEPTEMBER - OCTOBER

- Guru Vandana with ganesh stuti(gannayakaya gandevtaye)
- Sound of music song (Do re mi)

NOVEMBER

- Inspirational song (Lakshaya na ojhal hone paye)
- Ram Stuti (shri ram Chandra Kripalu)

DECEMBER

- Christmas carol (feliz navidad)
- Rupak tala with hand movement (Ti Ti Na....)

JANUARY

- Raga Bihag (Aroh/Avroh/Pakad(kyu tum ruth gye) bandish
- Shalokas (mahamrityunjaya mantra)

FEBRUARY

• Revision of entire syllabus

*Note: Music and Dance Syllabus will be an integral part of the curriculum and will complement academic learning. The focus of these co-scholastic subjects will be on developing rhythm, aesthetic sense, flexibility, attention, concentration, coordination, sportsmanship and stamina.